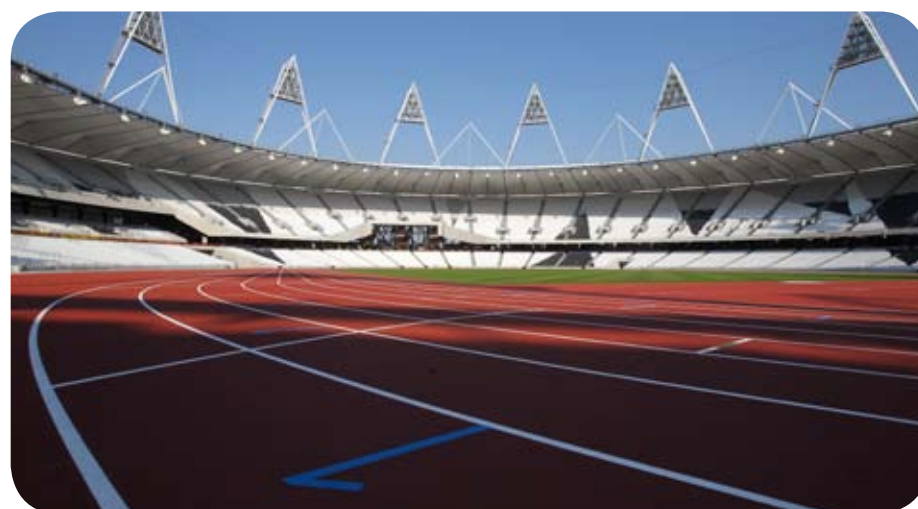


Take on a new challenge in 2012



Celebrate the 2012 Olympic and Paralympic Games, as well as the Children's Challenge, by supporting PACE in the Gold Challenge.

Working in partnership with the British Olympic Association and Gold Challenge, we're inviting you to join over 15,000 people already taking on the challenge and feel a part of the excitement around London 2012.

There are three simple and fun ways to take part in the Gold Challenge...

2012km Challenge This challenge is great for individuals, teams of friends, families or schools. There are three possible levels depending on how adventurous you are feeling: 2012 km, 201.2 km, 20.12 km.

You or your team must cover your chosen distance via one or more of the following sports:

- Running
- Walking
- Cycling
- Swimming
- Canoeing/Kayaking
- Horse riding
- Rowing
- Sailing
- Windsurfing
- Wheelchair

Use our online Totalizer to keep track of how far you've gone and aim to go the distance before the start of the Olympic Games in July 2012.

Olympic/Paralympic Sport Challenge Learn Olympic or Paralympic sports by taking on a 5, 10, 20 or 30 sport challenge. Choose your sports from a list of 30 Olympic and Paralympic Sports then use the online Sports Finder to find the local club, coach or event where you can do your chosen sport. Sports are completed by: a) doing at least three

hours of coaching in that sport; or b) taking part in a competitive event. This challenge allows you to create exactly the type of challenge you want. Five of you could take on the 5 sport challenge doing one sport each or by doing all five sports together.

Gold Challenge in a gym This challenge is great for keen gym goers, regular runners/swimmers/cyclists or triathletes. It's a great way to test your fitness or push yourself. There are three levels of challenge; the sprint, endurance and ultra.

Special Offer: On 1 April 2012, in partnership with Gold Challenge, PACE have 10 spaces to walk on the Olympic track along with Team GB Legends, celebrity ambassadors and over 150 UK charities - and you could be there!

We also have places for 2 lucky people to be the first to run 100m in the Olympic Stadium watched by friends, family and a cheering crowd of 20,000. To qualify, you need to register for one of the three Gold Challenge options and to have begun your fundraising by 29 February 2012. The winners will then be randomly selected in a draw picked by the PACE children.

Don't let London 2012 pass you by. Find out more and register online at www.goldchallenge.org/thepacecentre

Dear PACE supporter...

As we all feared, 2011 has proved to be a difficult economic climate. Yet out of the gloom has come, I believe, some fresh perspective on life.

Our team cycle challenge to County Donegal this year proved beyond doubt that despite financial meltdown, people believe in supporting those in need. What's important in life is not the latest fashion item, or gadget, but our promise that each penny given will help to transform a child's life.

Months, and sometimes years, of expert PACE input for a child take a few steps might seem, to some, like a poor return on investment. But to see the smile of achievement on each child's face is a priceless gift to us all.

Whatever you've given, are about to give, or are thinking of giving, thank you.

Simon Ekless
Fundraising & Marketing Manager

Now, more than ever

Name: Mr/Mrs/Miss/Ms

Address:

..... Postcode:

Email:

Signature: Date:

Please support PACE today. The following are examples of how important your gift will be...

- **£5 per month** (a total of only £60 per year) will pay for a child's first assessment; the first step on the road to greater independence.
- **£10 per month** (a total of only £120 per year) will pay for a simple wooden standing frame enabling a child to stand for the first time.
- **£20 per month** (a total of only £240 per year) will pay for a child's hydrotherapy sessions for one whole year.

BANKER'S ORDER

I wish to make a regular donation direct from my bank account:

To the manager:(name of branch)

at:

..... Postcode:

Please pay the PACE centre (account number: 69515662, bank sort code: 60-01-31, held at National Westminster Bank, PO Box 54, 22 Market Square, Aylesbury, Bucks, HP20 1TR)

the sum of £ every year/month*

starting on:(date) and until further notice

Signed:

A/C No: Sort code:

*delete as appropriate

Using Gift Aid means for every pound you give, we get an extra 25 pence from the Inland Revenue, helping your donation go further. Imagine what a difference that could make, and it doesn't cost you a thing. So if you want your donation to go further, Gift Aid it. Just tick the box. It's that simple.



I am a UK taxpayer and would like PACE to reclaim tax on all donations I have made within the last six years and any donations I make in the future, until I notify you otherwise. I have paid income tax or capital gains tax which is equivalent to the amount PACE will claim in the tax year.

Make or update your will for free...

PACE has teamed up with Harris Cartier Solicitors, allowing you to make a basic Will or update your existing one at no cost. Just call them on 01753 734844 quoting 'PACE.' We make this offer in the hope that you can help PACE.



Keep in touch...

Please send a copy of this newsletter to my friend:

Name: Mr/Mrs/Miss/Ms

By post: Address:

..... Postcode:

By email: Email:

REQUEST FOR MORE INFORMATION

Please contact me about:

- Gold Challenge
- Running for PACE
- Cycle Challenges
- PACE Golf Days
- Raising money for PACE in other ways

- By phone*
- By email*
- By post*

*Please ensure your contact details are included on the section overleaf.

My details have changed and they are now:

Name: Mr/Mrs/Miss/Ms

Address:

..... Postcode:

Phone: Mobile:

Email:

Please do not send me any further information about PACE.

Please return this slip to:

the PACE centre

Philip Green House

Coventon Road

Aylesbury

Bucks HP19 9JL

tel 01296 392923

email fundraising@thepacecentre.org

Registered Charity No. 1011133
Company Limited by Guarantee No. 2707807

The PACE fundraiser

winter/spring 2011/12

£250k and counting...



PACE's famous team cycle challenges have now raised this incredible total.

The two events in 2011, the Mont Ventoux Cinglés and the Donegal Cycle Challenge together raised a record breaking £65,000. 28 riders completed these two very different challenges, and all agreed that their memories of each will live long into the future.

It's with particular thanks that we mention the small communities of Ranafast and Annagry in County Donegal, Ireland. This was the final destination of a 400miles/4 day ride in September, and was chosen because a little girl called Annie's mum Eileen grew up in the area (Annie's story was featured in the Winter/Spring 2010/11 Newsletter). The team could never have predicted the warmth of the welcome they all received when they rode those final two miles. The whole community lined the streets to

congratulate the team and they were greeted at Sharkey's Bar by a throng of well wishers, a piper and a pint, or two, of Guinness! Moreover, the local community raised an incredible £10,000.

Absolutely anybody has the capacity to take part in one of our great team cycles, events we should add, that are fully organised by PACE and don't use expensive event companies! They aren't races, and the average speed is a comfortable 15 mph. You'll just need the right bike, and training - which we'll help you with!

The 2012 event: 'Viva Espania' will cross Spain from North to South; Bilbao to Barcelona, 500miles/5 days. Join us and you'll have memories to savour.

Find out more about PACE cycle challenges at www.thepacecentre.org/cycle.html or call Simon on 01296 392923.



Eileen, Annie and family welcome the team to Annagry

Hot off the press! PACE Mum, Tracey Wolffe, has just published a book. "Lessons in Life" (pictured right) is an A-Z of positive aphorisms, illustrated throughout by the author's colourful artwork. The book is priced £19.99, and all profits, will be given to PACE.

Tracey's paintings can be viewed and purchased online at www.traceywolffe.co.uk Proceeds from the sale of her paintings will also be given to PACE. To order a copy of her book, or arrange to view any of her paintings, email traceywolffe@aol.com. Books or paintings can be delivered to PACE for collection.



Gallery corner



Boulevard Swing Jazz, 19 November
(www.boulevardswingjazz.com)



Ripcor cycle to Bruges, via Roubaix

Fundraising Diary 2012

1 January, and all year

The Gold Challenge

29 February Olympic Village visit

7 March Hartwell House lunch and lecture on Faberge, Aylesbury, Buckinghamshire

11 March adidas Silverstone Half Marathon

12 April Visit to Battle of Britain Bunker, Uxbridge, Middlesex

22 April Virgin London Marathon; seeking runners for the 2013 race

29 April MK Marathon, run the first ever Milton Keynes Marathon

30 April Visit to Strawberry Hill, Horace Walpole's Gothic Castle, Twickenham

24 May The Children's Challenge

23 June Visit to see the roses at Manor House, Hambleden

27 June Lecture at Haseley Court by Jonathan Marsden, Director of the Royal Collection

10 July French Boys' Choir singing at St. Lawrence's in West Wycombe

22 July Visit to the Fawley Hill Steam Railway

13 September Visit to Sir Roy Strong's garden at Laskett

20 September 4th Charity Golf Day, Buckingham Golf Club

23-30 September Viva Espania Team Cycle Challenge, 500miles/5 days